Activities Example

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 ***9:30 Church*** ***1:00 TV***	***2.*** ***9:45 Exercise/Sing a long*** ***10:00 Price is Right*** ***10:30 Beautiful Me*** ***2pm Groundhog Day***	***3.*** ***9:45 Exercise*** ***10:00 Sing-a-long*** ***10:30 Beautiful Me*** ***3:00 Craft Corner***	*4.* ***9:45 Exercise*** ***10:00 Sing-a-long*** ***10:30 Beautiful Me*** ***2:00 Ladies Tea*** ***3:00 Manicures***	***5.*** ***Am Beauty Shop*** ***2:00 Cards*** ***3:00 Exercise*** ***4:00 Manicures***	***6.*** ***9:45 Exercise*** ***10:00 Sing-a-long*** ***2:00 Pet Therapy*** ***3:00 Reminisce*** ***3:30 Hand Mas-***	***7.*** ***Am– Long Walks*** ***Pm– News***
8. ***9:30 Church*** ***1:00 TV***	***9.*** ***9:45 Exercise/Sing a long*** ***10:00 Price is Right*** ***10:30 Beautiful Me*** ***2pm Grapefruit Day***	***10.*** ***9:45 Exercise*** ***10:00 Sing-a-long*** ***10:30 Beautiful Me*** ***3:00 Craft Corner***	***11.*** ***9:45 Exercise*** ***10:00 Sing-a-long*** ***10:30 Beautiful Me*** ***2:00 Coffee & Cook-ies***	***12.*** ***Am Beauty Shop*** ***2:00 Cards*** ***3:00 Exercise*** ***4:00 Manicures***	***13.*** ***9:45 Exercise*** ***10:00 Sing-a-long*** ***2:00 Party***	***14.*** ***Am– Long Walks*** ***1:30 Sweet heart Party***
15. ***9:30 Church*** ***1:00 TV***	***16.*** ***9:45 Exercise/Sing a long*** ***10:00 Price is Right*** ***10:30 Beautiful Me*** ***2:00 Round Table***	***9:45 Exercise*** ***10:00 Sing-a-long*** ***2:00 Geanne Diaraj***	***18.*** ***9:45 Exercise*** ***10:00 Sing-a-long*** ***10:30 Beautiful Me*** ***2:00 Jerry Powell*** ***3:00 Manicures***	***19.*** ***Am Beauty Shop*** ***2:00 Exercise*** ***3:00 Resident's choice***	***20.*** ***9:45 Exercise*** ***10:00 Sing-a-long*** ***2:00 Pet Therapy*** ***3:00 Reminisce*** ***3:30 Hand Mas-sages***	***21.*** ***Am– Long Walks*** ***Pm News***
22. ***9:30 Church*** ***1:00 TV***	***23.*** ***9:45 Exercise*** ***10:00 Sing-a-long*** ***10:30 Beautiful Me*** ***2:00 Cards*** ***3:00 Fill in the Blank***	***24.*** ***9:45 Exercise*** ***10:00 Devotion*** ***10:30 Beautiful Me*** ***2:00 Mardi Gras***	***25.*** ***9:45 Exercise*** ***10:00 Sing-a-long*** ***10:30 Beautiful Me*** ***2:00 Red Hats*** ***3pm Manicures***	***26.*** ***Am Beauty Shop*** ***2:00 Exercise*** ***3:00 Resident's choice***	***27.*** ***9:45 Exercise*** ***10:00 Sing-a-long*** ***2:00 Pet Therapy*** ***3:00 Reminisce***	***28*** ***Am– Long Walks*** ***Pm– News***
Birthdays: *Barbara P. 2-16*						